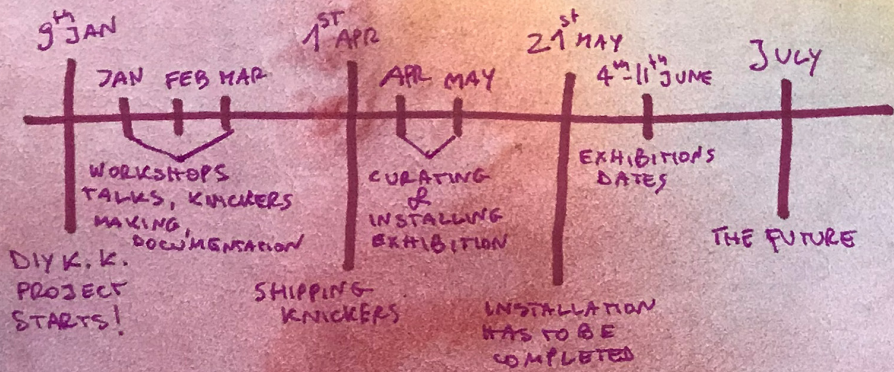


# TIMELINE OF EVENTS 2021



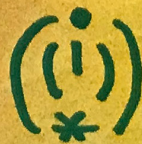
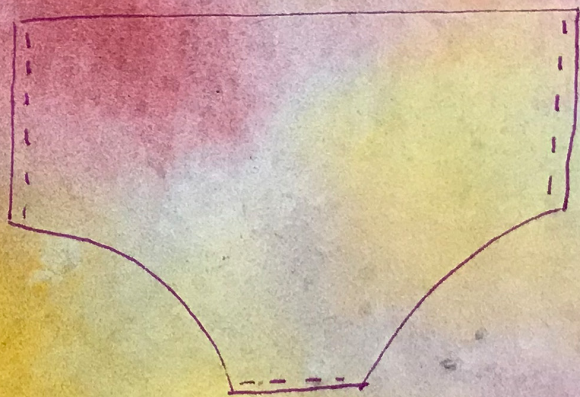
WE WISH TO VALUE AND ACKNOWLEDGE YOUR CONTRIBUTION AND PARTICIPATION THROUGH EXHIBITING YOUR WORK AT THE SHOW IN JUNE 2021. IF YOU WOULD LIKE NOT TO BE MENTIONED VIA THE EXHIBITION, ON THE WEBSITE OR VIA SOCIAL MEDIA, DO LET US KNOW VIA E-MAIL.

THE DIY KNICKER KIT IS THE FIRST COLLABORATION THAT WILL FORM THE PROTOTYPE FOR FUTURE PROJECTS AND EXCHANGES SURROUNDING THE TOPIC OF MENSTRUATION. WE WELCOME ANY FEEDBACK OR FUTURE REQUESTS FOR COLLABORATIONS.

THIS SELF FUNDED DIY KNICKER KIT PACK WAS MADE BY THE LEADING ARTISTS AND WOMBENHOOD CREATORS VALERIA MEDICI AND RHIANNE BURBEE USING RECYCLED MATERIALS. WE WELCOME ANY MONEY OR TEXTILE DONATIONS TO HELP SUPPORT THE CONTINUATION OF THE PROJECT. IF YOU ARE WILLING TO CONTRIBUTE, DO SEND US AN E-MAIL.

# WOMBENHOOD EXPLORING THE FIELD OF MENSTRUATION

## DIY KNICKER KIT PROJECT



WOMBENHOOD@HOTMAIL.COM  
WWW.VALERIAMEDICI.COM / WOMBENHOOD

WELCOME TO THE DIY KNICKER KIT PROJECT, WOMBENHOOD'S FIRST COLLABORATION.

YOU ARE ONE OF THE PEOPLE WHO APPROACHED US IN THE MAKING OF THE COLLABORATION AND ARE NOW PART OF IT.

OUR AIM IS TO EXPLORE THE FIELD OF MENSTRUATION THROUGH DISCUSSION AND MAKING PROCESSES. THE ARTWORKS AND DOCUMENTATION PRODUCED WILL THEN BE SHOWN AT AN ART EXHIBITION IN JUNE 2021. ANY RESPONSE IS IMPORTANT.

IN THIS PAMPHLET YOU'LL FIND THE KNICKER DIY INSTRUCTIONS AND TIPS ON HOW TO GET THE WORK STARTED. THE KNICKER CAN BE THE CANVAS FOR YOUR EXPLORATION. YOU ARE FREE TO USE TEXTILE-BASED MATERIALS AS WELL AS ANY OTHER TECHNIQUE YOU FEEL WOULD GET YOUR MESSAGE ACROSS, SUCH AS WRITING, AUDIO, DRAWINGS, COLLAGES AND NOTES.

WE'LL BE HOSTING WORKSHOPS AND TALKS WHERE WE'LL MEET TO DISCUSS, CO-CREATE AND EXPLORE THE TOPIC OF MENSTRUATION. THE ACTIVITIES DATES WILL BE MADE AVAILABLE ON THE WEBSITE AND VIA E-MAIL AND WILL BE BOTH LIVE AND RECORDED.

DOCUMENTATION IS A VITAL PART OF THIS COLLABORATION, SO MAKE SURE TO RECORD DOWN AS MUCH OF YOUR MAKING PROCESS AS POSSIBLE AND SEND THE DIGITAL AND PHYSICAL RESULTS TO US.

THE OBJECTS, PROCESSES AND RESPONSES MADE DURING THE DISCUSSIONS AND IN OUR OWN TIME WILL ALSO BE ADDED ON THE WEBSITE IF YOU WISH TO SHARE THEM WITH US.

WOMBENHOOD IS A SPACE FOR EXPLORATION, FREE FROM RESTRAINTS; THERE ARE NO WRONG PROCESSES AND WE WELCOME ALL RESPONSES.

WE'RE LOOKING FORWARD TO SEEING YOU ON ZOOM.

VALERIA AND RHIANNE

## DIY KNICKER KIT

▨ FRONT FABRIC  
☺ BACK FABRIC

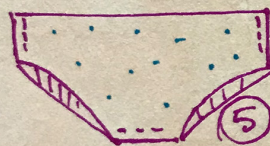
- CUT THE PAPER TEMPLATE.
- PAINT AND CUT OUT THE THREE PIECES ONTO THE FABRIC. YOU CAN DRAW THE TEMPLATE ONTO THE FABRIC.



- PAINT AND STITCH THE CROTCH ONTO THE END OF THE FRONT PIECE.



- ATTACH THE BACK END PIECE OF THE KNICKER ONTO THE OTHER END OF THE CROTCH. USE THE DIAGRAM FOR REFERENCE.



- PLACE THE FRONT AND THE BACK RIGHT SIDE TOGETHER INSIDEOUT AND STITCH THE SIDES TOGETHER.
- ADD YOUR CREATIVE RESPONSES ONTO THE BLANK KNICKER. YOU CAN PAINT, STITCH, DRAW, EMBELLISH, BEAD, KNIT, LAYER.

- REMEMBER TO DOCUMENT YOUR MAKING PROCESSES, TAKING PHOTOS AND VIDEOS OF YOU AT WORK. COLLECT THE STEPS THAT BRINGS YOU TO THE FINISHED PIECE. THE DOCUMENTATION IS AS IMPORTANT AS THE KNICKER ITSELF.

SEND ANY DIGITAL DOCUMENTATION VIA E-MAIL OR ANY PHYSICAL WORKS TO THE FOLLOWING ADDRESS:

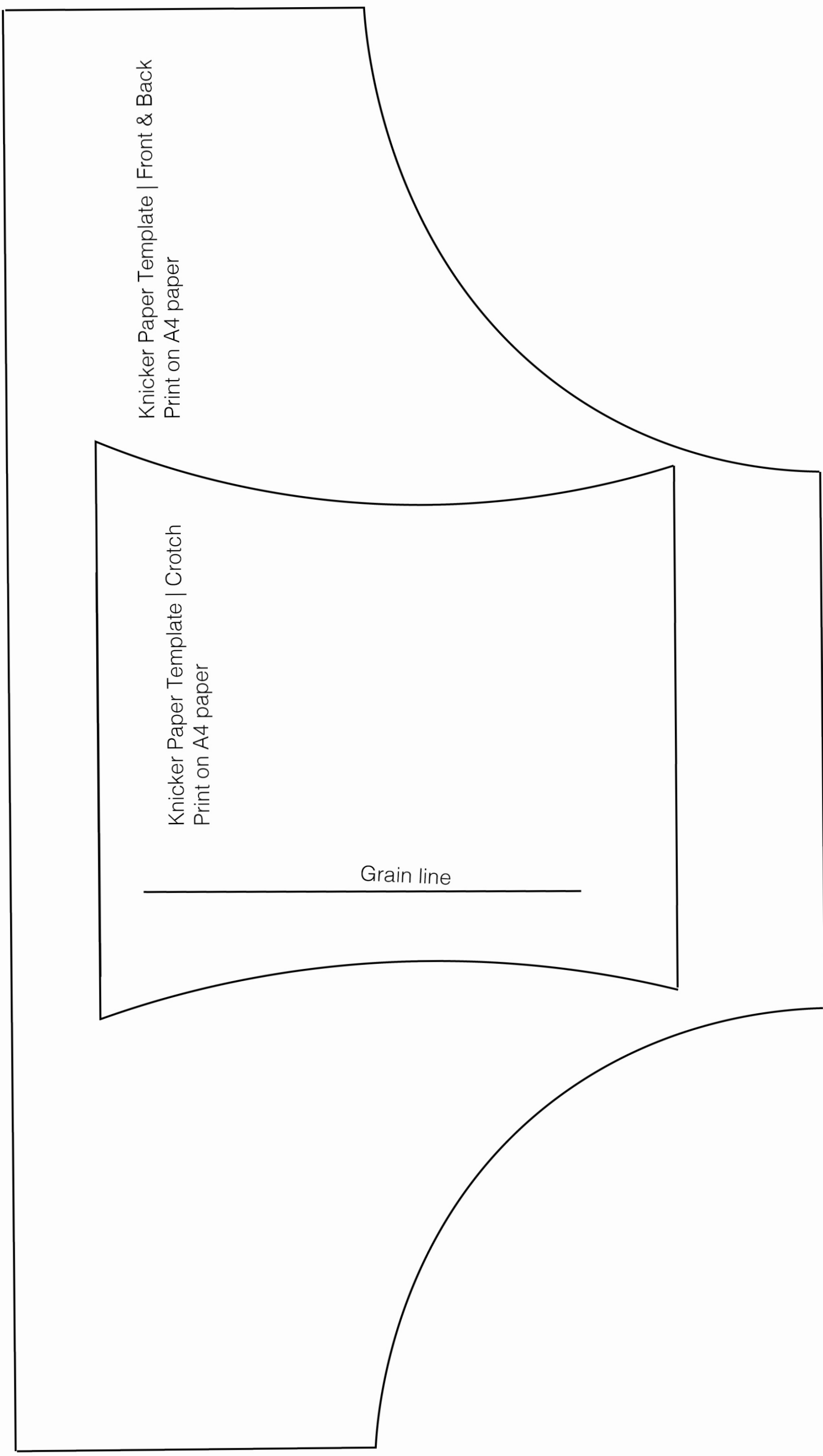
WOMBENHOOD, 17 MEDELLIN HILL, SOUTHFIELDS, NORTHAMPTON NORTHAMPTONSHIRE, NN3 5DF.

WOMBENHOOD@HOTMAIL.COM

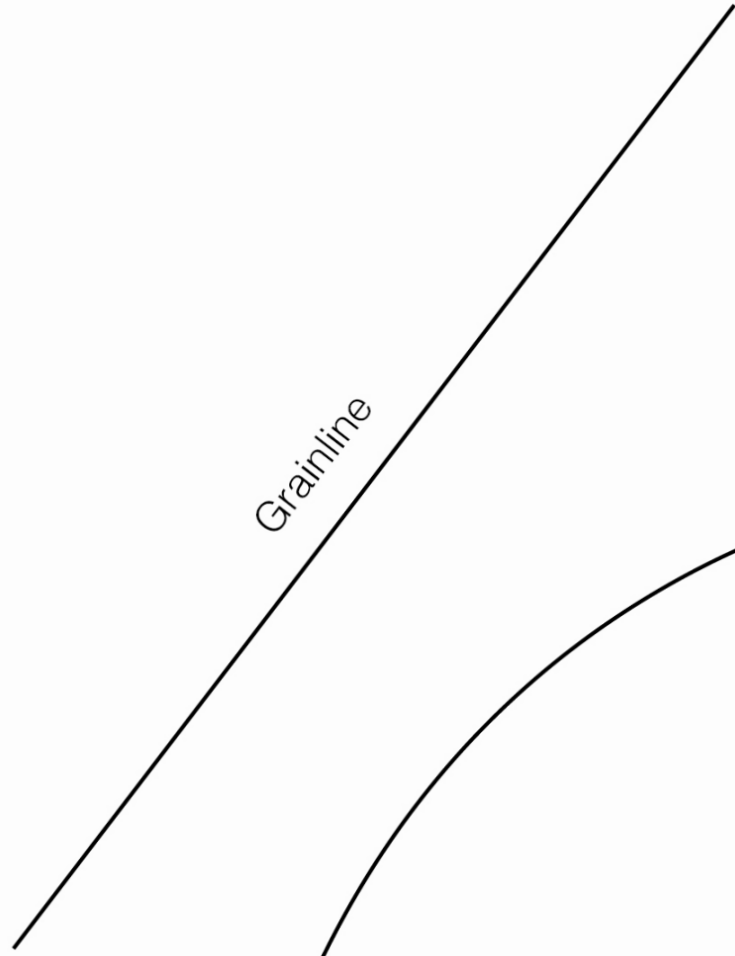
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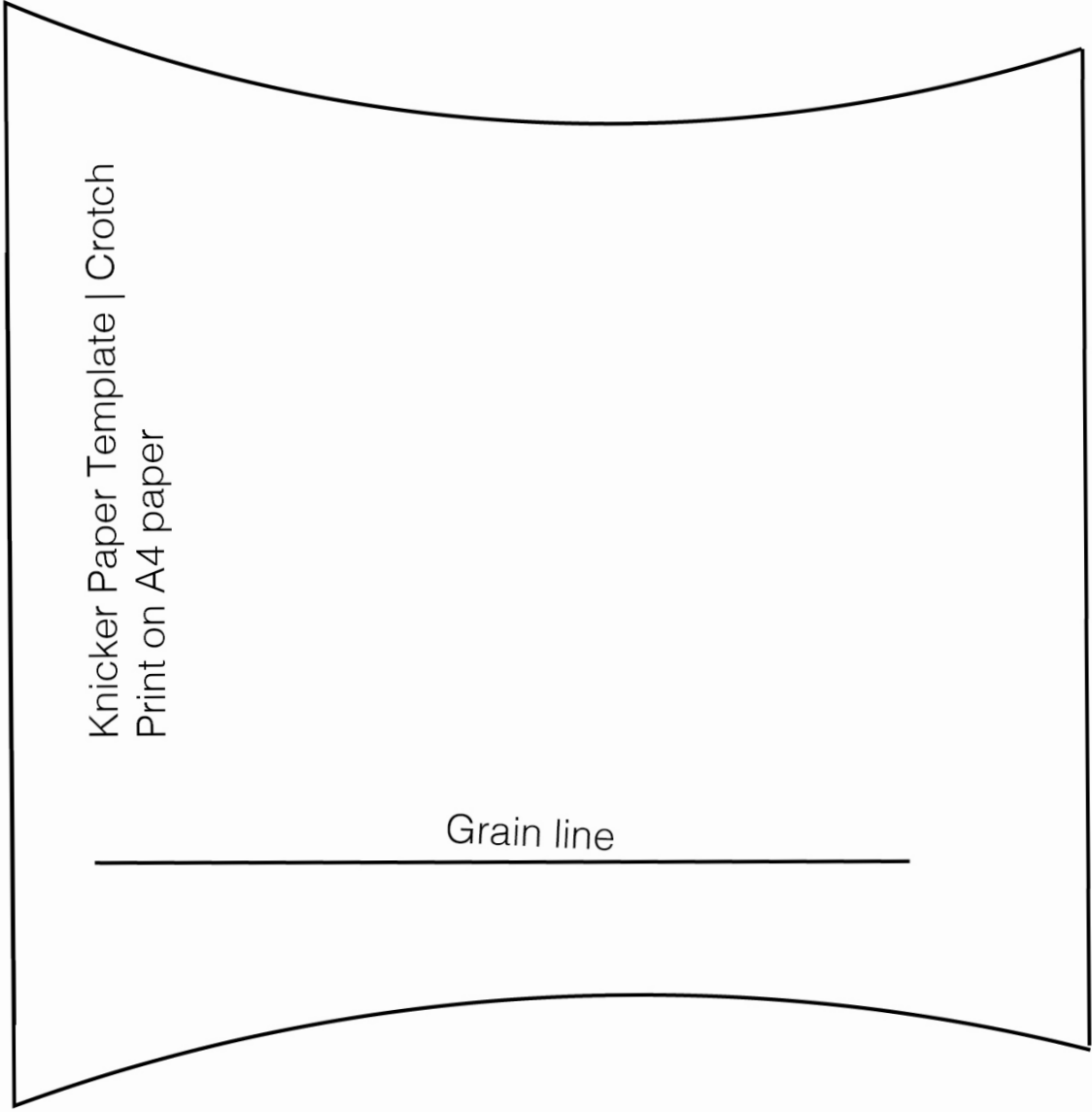


To use less paper print both template one on top of the other. Start with the Front and Back and after cut the Crotch



Knicker Paper Template | Front & Back  
Print on A4 paper





Knicker Paper Template | Crotch  
Print on A4 paper

Grain line